GLOBAL APPEAL TO END STIGMA AND DISCRIMINATION AGAINST PEOPLE AFFECTED BY LEPROSY

eprosy is among the world's oldest and most dreaded diseases. Without an effective remedy for much of its long history, it often resulted in terrible deformity. It was also thought to be extremely communicable. Patients were abandoned, forced to live in isolation and discriminated against as social outcasts.

In the early 1980s, an effective cure for leprosy became available. Multidrug therapy has successfully treated over 14 million people to date. Contrary to popular belief, leprosy is extremely difficult to contract. With prompt diagnosis and treatment, it can be medically cured within 6 to 12 months without risk of deformity.

Yet fear of leprosy remains deep-rooted. Misguided notions endure — that it is "highly contagious," "incurable" and "hereditary." Some even regard it as "a divine punishment."

Ignorance and misunderstanding result in prejudice and discriminatory attitudes that remain firmly implanted as custom and tradition.

Consequently, patients, cured persons and their entire families suffer stigma and discrimination. This limits their opportunities for education, employment and marriage, and restricts their access to public services.

Fearful that by speaking out they will invite further discrimination, for long years people affected by leprosy, including their families, have been cowed into silence. Such silence reinforces the stigma that surrounds them.

The world has remained indifferent to their plight for too long.

Article 1 of the Universal Declaration of Human Rights states that "All human beings are born free and equal in dignity and human rights." This article, however, is meaningless to people affected by leprosy, who continue to suffer discrimination.

We appeal to the UN Commission on Human Rights to take up this matter as an item on its agenda, and request that it issue principles and guidelines for governments to follow in eliminating all discrimination against people affected by leprosy.

We further urge governments themselves to seriously consider this issue and act to improve the present situation with a sense of urgency.

Finally, we call on people all over the world to change their perception and foster an environment in which leprosy patients, cured persons and their families can lead normal lives free from stigma and discrimination.

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Former President of Costa Rica Nobel Peace Prize Laureate

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